



## Our Lady & St Edward School PE Curriculum

### Intent, Implementation and Impact

Children's learning and development is at the heart of all we do.

We appreciate the skills and talents that every individual in our community demonstrates and believe that through establishing strong relationships, all should feel a strong sense of belonging to our school.

Every aspect of the curriculum is valued.

Every moment is a learning opportunity.



#### Intent for PE

At Our Lady and St Edward Primary Academy we believe that the core knowledge taught in P.E lessons is essential for all children to help them discover their talents and passion and learn how to lead a healthy and active lifestyle, now and in the future as adults. In P.E the children develop the skills needed for a range of activities and learn about teamwork, resilience, respect and sportsmanship. Physical activity will be threaded through lessons and not just taught in P.E.

Physical activity is key in maintaining children's mental health and wellbeing.

P.E teaching should provide the foundation for a deep interest in physical activity and sport into adulthood. By the end of their infant school years our children will have begun to develop the fundamental movements required (coordination, balance, agility, running, jumping, throwing and catching) to take part in any team game or sport.

We strive to build a life-long understanding of the importance of physical activity and leading an active lifestyle, throughout the school day and beyond.

We aim for all pupils to achieve and succeed in their physical education, regardless of their starting points and nurture the talents of our pupils to compete at a variety of levels.

We provide a progressive curriculum that prepares pupils for their next stage of learning and allows them to build upon their previous knowledge and skills.

We do all of this underpinned by the key values of self-belief, respect, teamwork and determination.

#### Core Principles for the Teaching of P.E at Our Lady and St Edward Primary Academy

Pupils at OLSE learn through a PE curriculum that will:

- **develop excitement and curiosity about** different sports through the skills they are taught and opportunities they are given.
- **give children the confidence to** practise and apply skills, to take part in team games and engage in competitive activity.
- **explore** how to use imagination and creativity to choreograph sequences of movements.
- **develop knowledge** and deepen children's critical thinking skills while helping themselves and others improve performances.
- **ensure their accurate use and understanding of specific vocabulary**

- **inspire and challenge them** through the provision of different experiences.
- **empower them to** have fun while developing positive attitudes towards physical activity and P.E

### Implementation – sequential, progressive planning national curriculum, knowledge organisers, retrieval, reading, vocabulary, oracy, wider opportunities eg partake, visits, monitoring pupil voice, books, visits, environment

To ensure high standards of teaching and learning in PE, we implement a curriculum that is **progressive** throughout the whole school. PE is taught twice a week focusing on skills stated in the National Curriculum.

The PE curriculum is based upon the 2014 Primary National Curriculum in England, which provides a broad framework and outlines the knowledge and skills to be taught in each Key Stage. Long term planning (Curriculum on a page) directs teachers to half-termly topics for their year group and teachers then produce medium term plans using our progression of knowledge and skills document. Teachers also use the ‘The Get Set 4 PE scheme’ to plan their PE lessons suitable to their class, ensuring they cover the required learning objectives. The progression document ensures the curriculum is covered and the skills/knowledge taught is **progressive and sequential** from year group to year group. Class teachers teach one lesson of PE per week whilst the other lesson is taught by the Sports Play Leader. Both teach a different unit of PE within a half term. When teaching PE, we try to ensure that all the learning is engaging, broad and balanced. At OLSE we provide a variety of opportunities for PE learning both **inside** and **outside** the classroom. Children complete in sporting events across the trust as well as part of the Rushcliffe Schools Sports Partnership. Outside providers are planned to come in and work with the children throughout Healthy Schools fortnight. In 2021/22 we were awarded Gold Sports Award. Through revisiting and consolidating skills, our lessons and resources help children build on prior knowledge alongside introducing new skills and challenge. All children expand on their skills within a lesson and throughout a unit of PE. Monitoring of PE books show that PE is mainly being taught consistently throughout school. Pupil Voice shows that pupils enjoy PE and the children feel that they develop life-long skills, which enable them to participate in other physical sessions.

### Impact – outcomes based on monitoring

Within PE, we strive to create a supportive and collaborative ethos for learning by providing the knowledge and skills taught to enable children to play team games as well as through explore and enquiry. Emphasis is placed on learning key skills to help children gain a coherent knowledge of understanding each unit of work covered throughout the school. **Our PE curriculum is planned to demonstrate progression.** We focus on progression of knowledge and skills as well as learning key vocabulary.

We measure the impact of our curriculum through the following methods:

- Assessing children’s understanding of a unit through questioning, demonstrating and reflecting on good practise and how we can further improve
- Summative assessment of pupil discussions about their learning of key skills and knowledge.
- Images (photographs) of the children’s practical learning.
- Interviewing the pupils about their learning (pupil voice).
- Assessing the children at the end of each unit of PE taught.